

## The Science of Self Respect



After my first marriage ended in a bitter and painful divorce, I learned to cope with a wide range of emotions. But, what was even more difficult to do, was to locate a counselor who could help me get my self-respect back.

Finally, after investing too much time and money in empty promises and unproven theories, I found a therapist who quite honestly *hated* what his colleagues were doing, and had made it his business to develop a complete step-by-step program. His program — I was delighted to discover — was based on a very scientific analysis of his own fruitless experiences in therapy... In fact, this new doctor's program was so effective, I was back to my fully-functioning self in just four weeks!

But I wasn't the only person who could see how much more effective my new counselor's program was. Due to the success of his program, that same good doctor ultimately became Chief of Staff at a major American treatment facility, and his systematic reasoning process ultimately became the cornerstone of my new Growth & Health for a Lifetime program!

Long story short, this good doctor and I became friends. We worked together to put his program into a more concise problem-solving format, that identified the vast majority of unhealthy emotions, *before* they had a chance to become unhealthy behaviors. In this way, we were able to:

1. Schedule the healing process to fill a specific timeframe.
2. Receive full payment for the complete program in advance.
3. Build a database of satisfied customers and future referrals.

As research scientists and media consultants our business is to discover, analyze and develop exciting and important new information, from every conceivable angle, for the purpose of enabling our clients to develop, promote and sell the programs, products and services that will put them on their shortest path to growth, health and prosperity.

Our goal is to reveal and apply the ancient wisdom that guided mankind, before they were compelled to over-indulge their baser and self-centered animal natures. We want to teach the modern world how to apply the

basic psychological skills and disciplines that will enable them to:

- a). Defeat the unhealthy behaviors that lead to chronic disease.
- b). Foster the self-respecting confidence that will enable them to enjoy greater growth, health and success in life.

Our secondary goal is to help our clients develop those skills and disciplines that will fuse psychological insight with human realities and stimulate initiative in the originality of living. To accomplish that goal, we work to reflect the underlying, true and permanent emotional needs of the human race and reveal the ideals that underlie all true success.

In our Growth & Health for a Lifetime and HealthPath International venues, we hope to help our clients and partners solve the most difficult problems in the world. By providing our help and support, we believe they can sooner defeat the false and self-centered ideals that were born in fear, grew into chronic anxiety and inadvertently became the world's most costly and divisive emotional and behavioral problems...

- Chronic disease.
- Self-centered parenting.
- Lack of the time for reflection.
- War time economics: industrial greed.
- Domination by autocratic, institutional employers.
- Pleasure mania and a wealth-without-work philosophy.
- Overpopulation and fear of imminent human decimation.

We hope you will consider joining us.

Most Sincerely,

Neil Roberts, Founder  
IDM Research & Development  
Website: <http://www.growthpathleadership.com>  
email: [neil@growthpathleadership.com](mailto:neil@growthpathleadership.com)  
iPhone: 423-619-1361